



Caregiver Support Group

Presented by:

Alzheimer's Association

Southeast Florida

The 4th Wednesday of the Month

Dr. Geraldo Olivera's office

Nancy Coppola, LCSW Facilitator
865 SE Monterey Commons
Stuart, FL 34997

Please R.S.V.P to Heather Parker at heparker@alz.org or 772-546-1619 x9814

[Visit alz.org/seflorida to learn more about caregiver programs and resources. To further extend your network of support, visit ALZConnected@, our online community, at alzconnected.org.]

Build a support system with people who understand.

Alzheimer's Association® caregiver support groups, conducted by trained facilitators, are a safe place for caregivers, family and friends of persons with dementia to:

- Develop a support system.
- Exchange practical information on caregiving challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.